

To:	Presidents	Patrol Captains
	Secretaries	Vice Patrol Captains
	Club Leaders	Club Captains
	Sports Leaders	M&LD CLT
From:	Ed Allan, Project Lead Culture & Wellbeing	
Date:	09 September 2026	
Action:	Save the date and register your interest in attending Respect Breakfast (Respectfast)	

Respectfast 2026: Save the date

Life Saving Victoria is pleased to announce Respectfast, a new breakfast initiative supported by the Emergency Management Victoria Mental Wellbeing Grant Initiative. This event will focus on creating a respectful and inclusive culture in lifesaving, bringing together role models and influential volunteer leaders from across Victoria for an engaging and inspiring morning.

This event will be held prior to the South Melbourne Beach Stormers [Carnival](#).

Save the Date

Date: Sunday 15 November 2026

Venue: South Melbourne Life Saving Club

Time: 8.30am arrival

Cost: No cost for members to attend

*Immediately followed by the South Melbourne Beach Stormers Carnival

What is Respectfast

Respectfast is a catered breakfast event designed to support positive culture, respectful leadership and inclusion across lifesaving. Bringing together volunteer leaders from across Victoria. The morning will provide an opportunity to hear from an inspiring keynote speaker, connect with fellow members and explore practical resources that can help build welcoming, respectful and inclusive club environments. Members will also be encouraged to attend with someone important in their support network, recognising the role that parents, family members, mentors, friends and partners play in supporting our volunteers and leaders.

Hosted by Channel 10 News presenter [Mae James](#), the morning will feature an inspiring guest speaker who will explore topics such as:

- Positive and inclusive leadership
- Respectful communication and navigating challenging conversations
- Mental health, wellbeing and supporting those around us

- Positive role modelling
- Creating welcoming club environments where everyone feels safe, included and respected

Launching resources and initiatives

Respectfast will also be used as a platform to launch a range of Life Saving Victoria initiatives and resources, including:

- The Club Civility & Respect Toolkit, which has been developed to assist clubs in building and maintaining positive culture through respectful communication, inclusive leadership and practical tools, including videos, that can be used throughout the season.
- The inaugural LSV Pride Round, using the visibility and community of sport to bring Pride in Lifesaving to life, celebrating LGBTQIA+ inclusion, allyship and belonging across lifesaving.
- The Beach Stormers series, which is a national beach sports competition series featuring Beach Flags, Beach Sprints and Distance Runs in a unique round-robin format, providing guaranteed racing and exciting competition for surf athletes of all ages and skill levels.
- Promotion of member opportunities.

Register Your Interest

Further details, including the keynote speaker, program, timings and registration process, will be released in the coming months.

In the meantime, please save the date and register your interest in attending via the following link:

[Register your interest here](#)

Members are encouraged to express interest alongside a member of their support network. More information about guest attendance arrangements will be provided when registrations open.

Places are limited and expressions of interest will help LSV plan for catering and venue capacity requirements.

Travel support

We recognise that members may be travelling significant distances to attend. If travel requirements may impact your ability to participate, please contact us to discuss potential travel assistance and support options.

Together we welcome and respect.

For additional details on this circular please contact:

Ed Allan on 0428 289 424 or email ed.allan@lsv.com.au